

# Comprehensive Spine Care

AT ORTHOPAEDIC & SPINE CENTER OF THE ROCKIES



## Expert Team Of Spine Care Specialists

Orthopaedic & Spine Center of the Rockies has an expert team of spine specialists to help you, including two board-certified, fellowship-trained orthopaedic spine surgeons, physician's assistants, physical therapists, and pain management specialists.

Our team will provide a care plan with the treatment you need. Our goal is to get you back to an active, productive life.

## OUR SPINE SURGEONS AND PA'S

### Robert J. Benz, MD

Dr. Benz is a native of Illinois and a graduate of medical school at University of Illinois at Chicago. He completed his orthopaedic residency at University of California at San Diego, and a spine fellowship at State University of New York, Syracuse. Dr. Benz has expertise in minimally invasive spine surgery techniques, spinal deformity surgery, and disc replacement. He joined OCR in 2000 and is board certified.



Robert Benz, MD



William Biggs, MD

### William D. Biggs, MD

Dr. Biggs graduated from Rosalind Franklin University School of Medicine in Chicago. He completed his orthopaedic residency at University of Colorado Health Sciences Center, and spine fellowship at Twin Cities Spine Center in Minneapolis, MN. Dr. Biggs has experience in minimally invasive spine surgery techniques, pediatric spine care and disc replacements. He joined OCR in 2006 and is board certified.

### Nancy McRae, PA-C

Ms. McRae has worked as a physician assistant since 2004 in orthopaedics and physiatry. She completed her bachelor's degree in sports medicine in 1990 at Montana State, and earned a master's degree in health education from Middle Tennessee State in 1998, and her P.A. degree in 2002 from Rocky Mountain College.



Nancy McRae, PA-C



Danielle Talbert, PA-C

### Danielle Talbert, PA-C

Ms. Talbert has worked as a physician assistant since 2012, and in orthopaedic spine surgery since 2017, when she joined OCR. Ms. Talbert earned two bachelor's degrees in 2007 from the University of Colorado in integrative physiology and psychology. She obtained her master's degree in P.A. Practice from Rosalind Franklin University in 2012.



ORTHOPAEDIC & SPINE CENTER OF THE ROCKIES  
*Specialists in the medicine of motion*

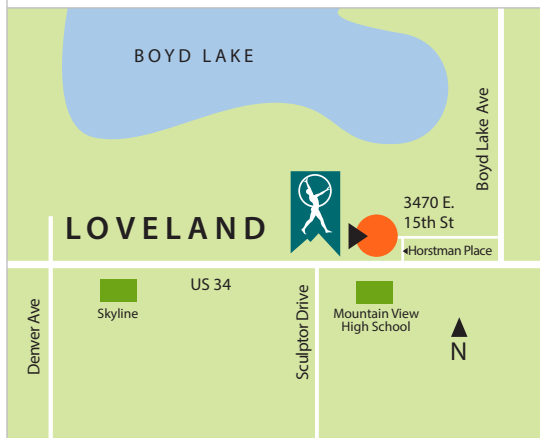
[www.orthohealth.com](http://www.orthohealth.com)

## OUR THREE LOCATIONS:



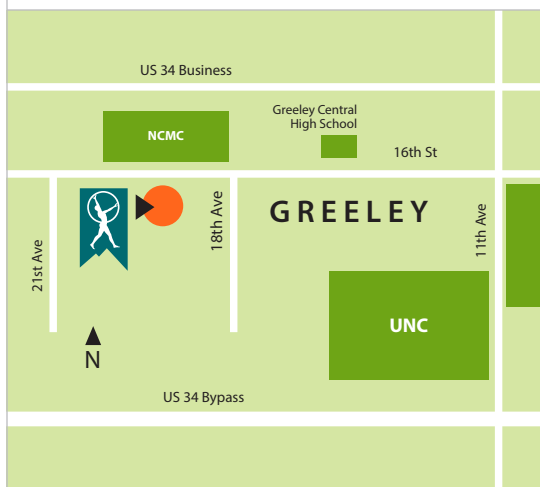
### FORT COLLINS:

2500 E. Prospect Rd, Fort Collins, CO 80525



### LOVELAND:

3470 E. 15th St, Loveland, CO 80538



### GREELEY:

1900 16th St., 3rd Floor, Greeley, CO 80631

[www.orthohealth.com](http://www.orthohealth.com)

## OTHER MEMBERS OF OUR SPINE CARE TEAM

### Physical Therapy and Spine Rehabilitation

Our specialty-trained therapists work with you to teach back mobilization and proper body mechanics to treat pain and prevent spinal problems. We have a warm-water pool that provides a gentle environment for back-strengthening exercises. We also work closely with chiropractors, acupuncturists, and other therapists.

### Pain Management and Spinal Injections

Some patients require spinal injections to help diagnose and treat spinal problems. We work with experienced pain-management physicians who administer the injections in our surgery center. The injections may provide long-term pain relief for many people.

## PERSONAL CARE PLANS

If you have back or neck problems, you're not alone. About 80 percent of us will have back pain or injuries in our lives. We treat everything from simple strains and pains to complex spinal conditions and injuries.

It is important that you have a thorough diagnostic assessment to determine the care that is right for you. We are happy to give a second opinion if spine surgery is recommended by another provider.

There are non-surgical options that can help relieve your pain. If surgery is best for you, our surgeons are trained in minimally invasive techniques and disc replacements for the neck and low back.

### Spine Surgery

Spinal surgery is an excellent option for many people when other treatments have not helped your pain. A number of surgeries can be done using minimally invasive techniques. These surgeries use smaller incisions and provide shorter hospital stays and recovery times.

Procedures that we perform with minimally invasive techniques include:

- Cervical and lumbar disc replacement
- Cervical fusion
- Cervical and lumbar discectomy and decompression
- Lumbar fusion, including ALIF, XLIF, AxiaLIF, TLIF and PLIF
- Coflex
- Kyphoplasty
- Scoliosis surgery
- Minimally invasive SI joint fusion

## CONTACTS:

**Main:** 970-493-0112 | **Toll-Free:** 800-722-7441

**For Appointments Call:** 970-419-7050